



B.V. Patel Institute of Management, Uka Tarsadia University



Date: 24th January 2023

Expert Session “Training on First Aid & Safety”

- **Objectives of Session:** The objective of a session on first aid and safety was to educate participants on how to provide initial emergency care and prevent injuries and accidents in various settings, including homes, workplaces, and public spaces.
- **Outcome of the session:** At the end of the session students were quipped with the knowledge of how to deal with road accidents and fire accidents.

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| Date: | 24 th March 2023 |
| Time: | 9:00 to 11:00 am |
| Venue: | JD Hall |
| No. of Students: | 200+ Students- FY & SY |
| Name of speaker: | Mr. Nilesh Vejpara, Master Trainer- Indian Red Cross Society, Surat. |
| Coordinator: | Mr. Zaki Sheikh |
| Category: | Health & Safety Education |

More than two hundred students of First year and Second year BBA attended Expert session on “Training of First Aid & Safety” by Mr. Nilesh Vejpara organized by B.V. Patel Institute of Management at JD Hall.

The session aimed to equip participants with the knowledge and skills needed to recognize and respond to common medical emergencies and prevent accidents and injuries from occurring. The session prepared participants to provide prompt and effective first aid care and prevent accidents and injuries in various situations, potentially saving lives and reducing the risk of harm.

- Points discussed during the session were:
 - 1) The principles of first aid and safety
 - 2) Assessment of the situation and the casualty
 - 3) Cardio- pulmonary resuscitation (CPR)

- 4) Basic wound care, including bleeding control and dressing wounds.
- 5) Management of shock and other medical emergencies
- 6) First safety techniques and evacuation procedures
- 7) Use and identification of various fire extinguishers.
- 8) Safe use of equipment and tools, such as Knotting a rope technique while rescue from fire, and Live understanding through a mannequin.



➤ **Feedbacks:**

1. “I feel much more confident about providing first aid to someone who needs it. The session covered all the basics and gave me a clear understanding of what to do in different emergency situations.”
2. “The session was really well- organized and covered a lot of ground in a short amount of time. I appreciated the clear and concise explanations of all the different topics.”

Overall, feedback from students who attend the session were positive, as they have gained valuable knowledge and skills that can help them protect themselves and others in various situation.